

MLTSS supports expanded home- and community-based services

With the right supports in place, many individuals with long-term services and supports (LTSS) needs live more fulfilling lives when they are in their homes and communities.

Many states are prioritizing home- and community-based services (HCBS) over institutional care for their LTSS programs because it leads to improved outcomes and higher member satisfaction. This shift to expand the use of HCBS over institutional care within LTSS is commonly known as rebalancing. The managed long-term services and supports (MLTSS) model is uniquely able to help states meet rebalancing goals and to ensure that members receive the care they need in the setting of their choice.

States can serve more individuals in need of LTSS by increasing HCBS because it is less expensive than institutional care, such as in nursing homes. [Genworth, 2020](#)

Over half of LTSS spending is now through HCBS

[Kaiser Family Foundation, 2020](#)



How MLTSS supports at-home services

1. Facilitate successful transitions

MLTSS programs provide extensive care coordination to ensure members maintain the right level of care from institutions to home.

2. Accountability for shifting members to HCBS

MLTSS plans can partner with states to provide unique insights through data and progress tracking to help measure and achieve rebalancing goals.

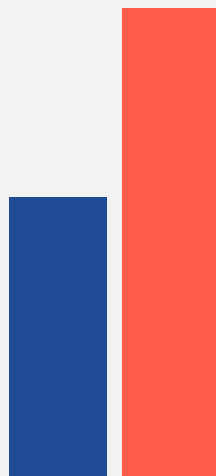
3. Holistic and coordinated care

Having a comprehensive view of a beneficiary's needs and care ensures that each beneficiary receives the right level of care in the setting of their choice, with the right supports in place.

At-home care facts

Annual Median Costs of Care [Genworth, 2020](#)

- At-Home Care at \$121,264
- Nursing Home Care at \$203,305



78%

Of Americans age 45 and over want to age at home. [AARP, 2015](#)

23%

Less spent by State Medicaid agencies per beneficiary per month for older adults who transitioned out of nursing homes. Those beneficiaries have reported that their care needs were met at similar or higher levels compared with nursing facility care. [HHS, 2019](#)

The number of nursing home residents per capita decreased at a faster rate in MLTSS states than in FFS LTSS states for all 65 and over age groups.

[Milliman, 2018](#)