

About long-term services and supports

Long-term services and supports (LTSS) covers a broad range of day-to-day services and supports needed by people with long-term conditions, disabilities, or frailty.

LTSS includes both institutional care, in facilities such as nursing homes, and home- and community-based services (HCBS).

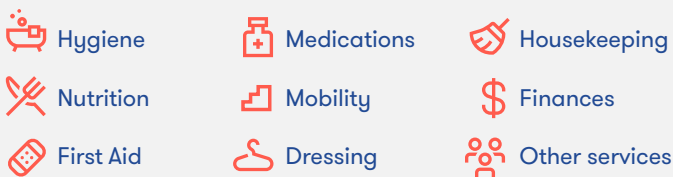
70%

Almost 70% of the age group turning age 65 today will need LTSS at some time in the future

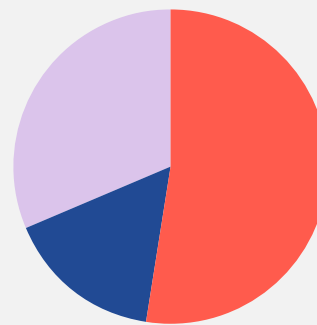
Administration for Community Living

Services covered

LTSS can include a wide range of services to help people live more independently by assisting with activities of daily living such as:



LTSS spending



- Over 50% paid for by Medicaid
- 16% paid for by beneficiaries out of pocket
- 31% paid for by private insurance and other public and private sources

Kaiser Family Foundation, 2020

Managed care

To administer LTSS programs, states can use a fee-for-service (FFS) or managed care model. States are increasingly shifting to managed care models for LTSS, known as MLTSS.

What is Managed Care?

Medicaid managed care enables states to deliver higher quality care, improve health outcomes of Medicaid recipients, and manage healthcare costs. States partner with health plans through a competitive contracting process to administer and coordinate LTSS. The state pays the participating health plans a fixed rate, and the health plans are held accountable for delivering care as agreed by the state MLTSS program.

The benefits of managed long-term services and supports

- Improved quality of life and health outcomes
- Reduced waiting lists and increased access to services
- Increased access to home and community-based services
- Holistic and coordinated care
- Higher beneficiary satisfaction
- Public-private partnership
- Budget predictability and cost savings for states

Most states report their decision to implement MLTSS is motivated by a desire to improve care coordination and expand access to HCBS. Kaiser Family Foundation, 2017

MLTSS programs are used in half of states.

Medicaid and CHIP Payment and Access Commission, 2020

1.7m

Americans receive LTSS through a managed care model.

Open Minds, 2020